

HOUSE RESOLUTION NO. 137

Reps. Mentzer, Wegela, Koleszar, Price, O'Neal, Neeley, MacDonell, Rheingans, McFall, Andrews, Skaggs, Foreman, Rogers, Longjohn, Tsernoglou, Wooden, Brixie, Myers-Phillips, Dievendorf, Liberati, Byrnes, Steckloff, Miller, T. Carter, Morgan, Glanville, Alexander, Wozniak, Paquette, DeBoyer, Robinson, St. Germaine, Linting, Snyder, Greene, Markkanen, Mueller, Frisbie, Hoadley, Aragona, Thompson and Fitzgerald offered the following resolution:

1 A resolution to declare June 27, 2025, as National PTSD
2 Awareness Day in the state of Michigan.

3 Whereas, Post-Traumatic Stress Disorder (PTSD) is a
4 psychiatric disorder that can occur in people who have experienced
5 or witnessed a traumatic event such as war, natural disasters,
6 serious accidents, or violent personal assaults; and

7 Whereas, PTSD affects millions of Americans each year,
8 including a significant number of veterans, first responders,

1 survivors of abuse, and others who have experienced severe trauma;
2 and

3 Whereas, Symptoms of PTSD include flashbacks, nightmares,
4 severe anxiety, and uncontrollable thoughts about the traumatic
5 event. These symptoms can be debilitating and significantly
6 interfere with a person's daily life; and

7 Whereas, PTSD is treatable, and with proper mental health
8 care, individuals affected can lead productive, fulfilling lives;
9 and

10 Whereas, Increasing public awareness and understanding of PTSD
11 helps to reduce stigma and encourages those suffering to seek help
12 and support; and

13 Whereas, The United States Senate designated June 27 as
14 National PTSD Awareness Day to honor the memory of Army Staff
15 Sergeant Joe Biel, who took his own life after returning from Iraq
16 and struggling with PTSD; and

17 Whereas, We encourage residents who may be suffering to reach
18 out to a health care professional for assistance; and

19 Whereas, It is fitting and proper to raise awareness about
20 PTSD and to honor the strength and resilience of those affected,
21 including veterans, first responders, and survivors of trauma; now,
22 therefore, be it

23 Resolved by the House of Representatives, That the members of
24 this legislative body declare June 27, 2025, as National PTSD
25 Awareness Day in the state of Michigan. We encourage residents to
26 learn more about PTSD, show compassion for those affected, and help
27 those providing services to individuals suffering from PTSD.