

# HOUSE RESOLUTION NO.303

Rep. Conlin offered the following resolution:

1       A resolution to declare October 2024 as Menopause Awareness  
2 Month in the state of Michigan.

3       Whereas, October 18 marks World Menopause Day, a day when  
4 organizations and individuals around the world advocate to improve  
5 awareness of menopause and support options available for improving  
6 health and well-being; and

7       Whereas, By 2030, the world population of menopausal and  
8 postmenopausal women is projected to increase to 1.2 billion, with  
9 27 million new entrants each year; and

10       Whereas, Each year women in the United States enter the  
11 menopausal transition with little guidance on what to expect  
12 before, during, and after their reproductive years; and

1       Whereas, According to the Department of Health and Human  
2 Services, as many as three out of four women experience hot  
3 flashes, the most common menopause symptom; and other symptoms  
4 including memory loss, urinary problems, depression, and anxiety;  
5 and

6       Whereas, Menopausal symptoms can be severe and affect daily  
7 activities and quality of life with hot flashes lasting an average  
8 of 7 to 9 years, with a third of women experiencing vasomotor  
9 symptoms for a decade or longer; and

10       Whereas, Studies show that Black and Hispanic women may  
11 experience menopause earlier, more intense menopausal symptoms, and  
12 for a longer period of time; and

13       Whereas, As many as 40 percent of menopausal women say their  
14 symptoms interfered with their work performance or productivity  
15 weekly and nearly one in five have left or considered leaving the  
16 workforce because of their symptoms; and

17       Whereas, Menopause costs American women an estimated \$1.8  
18 billion in lost working time per year; and

19       Whereas, Due to medical innovation, a variety of effective  
20 treatments for symptoms are available including, but not limited  
21 to, non-hormonal medication, hormone therapy, and low dose  
22 antidepressants, and can help improve quality of life during  
23 perimenopause and menopause; and

24       Whereas, According to the Department of Health and Human  
25 Services, menopause may increase the risk of osteoporosis, heart  
26 disease, and stroke; and

27       Whereas, There is an ongoing need for additional clinical  
28 research and treatment options to manage menopause symptoms; now,  
29 therefore, be it

1        Resolved by the House of Representatives, That the members of  
2        this legislative body declare October 2024 as Menopause Awareness  
3        Month in the state of Michigan. We recognize the impact of  
4        menopause on women at individual and societal levels, as well as on  
5        the country's health and economic development; support training on  
6        menopause and treatment options in pre-service curricula for health  
7        workers and women having access to appropriate health information  
8        and services to promote healthy aging and a high quality of life  
9        before, during, and after menopause; encourage providing  
10       information to women, patients, and health care providers with  
11       respect to menopause, including available screening tools and  
12       treatment options, with a goal of improving quality of life and  
13       health outcomes of women affected by menopause; and urge additional  
14       research on menopause and possible clinical options to helping  
15       women with menopause.