HOUSE RESOLUTION NO.125

Rep. Brenda Carter offered the following resolution: 1 A resolution to declare June 27, 2023, as Post-Traumatic 2 Stress Disorder Awareness Day in the state of Michigan. Whereas, On this day, we join with the family members, 3 friends, and colleagues of veterans and other individuals who 4 suffer from PTSD to recognize the impact it has on our communities; 6 and 7 Whereas, The American Psychiatric Association defines PTSD as 8 a psychiatric disorder that may occur in people who have experienced or witnessed a traumatic event, series of events or set 9 of circumstances; and 10 Whereas, In 2020, it is estimated that thirteen million 11 12 Americans had PTSD. On average, five out of every one hundred 13 adults in the United States have PTSD in any given year; and

Whereas, Seven out of every one hundred veterans will have had 1 PTSD at some point in their lives. Additionally, in 2020, 6,146 2 veterans took their lives in the United States. In Michigan, 178 3 veterans lost their lives to suicide, in part due to mental health 4 5 challenges related to PTSD; and 6 Whereas, It is appropriate to recognize the integrity of 7 Michigan's armed forces and their dedication to the defense of our nation and state. We must honor the memory of the courageous and 8 9 dedicated Michigan veterans who have experienced trauma in the 10 field, suffered from post-traumatic stress, and have taken their 11 own lives; and 12 Whereas, We renew our effort to support our veterans, seek better mental healthcare, and strive to end the stigma surrounding 13 14 mental health and trauma. We must rededicate ourselves to improving 15 veterans' resources as well as resources for all those struggling 16 with their mental health; now, therefore, be it Resolved by the House of Representatives, That the members of 17 18 this legislative body declare June 27, 2023, as Post-Traumatic Stress Disorder Awareness Day in the state of Michigan. We urge all 19 20 citizens to recognize and honor the contributions of Michigan's

veterans and call for increased mental healthcare resources.

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