

SENATE RESOLUTION NO. 136

Senators Bayer, Brinks, Geiss, McMorrow, Santana, Singh and Wojno offered the following resolution:

1 A resolution to recognize September 2024 as Suicide Prevention
2 Month.

3 Whereas, There is no single cause or solution to suicide, but
4 we know that access to support and treatment saves lives; and

5 Whereas, Mental health can be a common factor for those
6 contemplating suicide, and other contributing factors play a large
7 role; and

8 Whereas, According to the Centers for Disease Control and
9 Prevention (CDC), suicide is the tenth leading cause of death in
10 the United States as well as the second leading cause of death
11 among individuals between 10 and 34 years of age; and

1 Whereas, In the United States, an individual dies by suicide
2 every 11 minutes, resulting in nearly 48,000 deaths each year; and

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4 Whereas, Over 12 million adults reported seriously considering
5 suicide and 1.7 million people have attempted suicide; and

6 Whereas, The stigma associated with mental health conditions
7 and suicidality hinders suicide prevention by discouraging at-risk
8 individuals from seeking lifesaving help and can further traumatize
9 survivors of suicide loss and individuals with lived experience of
10 suicide; and

11 Whereas, Despite mental health playing a factor in suicide
12 prevention, many Americans continue to struggle to find treatment
13 as a result of expense or inaccessibility; and

14 Whereas, We recognize that suicide and suicide attempts affect
15 the friends and loved ones of those around us; and

16 Whereas, Those experiencing suicidal thoughts or mental
17 distress can call or text 988 to speak with someone free and
18 confidentially; and

19 Whereas, We must continue to invest in mental health resources
20 and address the stigma around the ideation of suicide to ensure
21 that individuals have someone to speak to when they need it; now,
22 therefore, be it

23 Resolved by the Senate, That the members of this legislative
24 body recognize September 2024 as Suicide Prevention Month.