

HOUSE RESOLUTION NO.303

Reps. Conlin, Breen, Brixie, Glanville, Haadsma, Hood, MacDonell, Paiz, Rheingans and Wilson offered the following resolution:

1 A resolution to declare October 2024 as Menopause Awareness
2 Month in the state of Michigan.

3 Whereas, October 18 marks World Menopause Day, a day when
4 organizations and individuals around the world advocate to improve
5 awareness of menopause and support options available for improving
6 health and well-being; and

7 Whereas, By 2030, the world population of menopausal and
8 postmenopausal women is projected to increase to 1.2 billion, with
9 27 million new entrants each year; and

10 Whereas, Each year women in the United States enter the

1 menopausal transition with little guidance on what to expect
2 before, during, and after their reproductive years; and

3 Whereas, According to the Department of Health and Human
4 Services, as many as three out of four women experience hot
5 flashes, the most common menopause symptom; and other symptoms
6 including memory loss, urinary problems, depression, and anxiety;
7 and

8 Whereas, Menopausal symptoms can be severe and affect daily
9 activities and quality of life with hot flashes lasting an average
10 of 7 to 9 years, with a third of women experiencing vasomotor
11 symptoms for a decade or longer; and

12 Whereas, Studies show that Black and Hispanic women may
13 experience menopause earlier, more intense menopausal symptoms, and
14 for a longer period of time; and

15 Whereas, As many as 40 percent of menopausal women say their
16 symptoms interfered with their work performance or productivity
17 weekly and nearly one in five have left or considered leaving the
18 workforce because of their symptoms; and

19 Whereas, Menopause costs American women an estimated \$1.8
20 billion in lost working time per year; and

21 Whereas, Due to medical innovation, a variety of effective
22 treatments for symptoms are available including, but not limited
23 to, non-hormonal medication, hormone therapy, and low dose
24 antidepressants, and can help improve quality of life during
25 perimenopause and menopause; and

26 Whereas, According to the Department of Health and Human
27 Services, menopause may increase the risk of osteoporosis, heart
28 disease, and stroke; and

29 Whereas, There is an ongoing need for additional clinical

1 research and treatment options to manage menopause symptoms; now,
2 therefore, be it

3 Resolved by the House of Representatives, That the members of
4 this legislative body declare October 2024 as Menopause Awareness
5 Month in the state of Michigan. We recognize the impact of
6 menopause on women at individual and societal levels, as well as on
7 the country's health and economic development; support training on
8 menopause and treatment options in pre-service curricula for health
9 workers and women having access to appropriate health information
10 and services to promote healthy aging and a high quality of life
11 before, during, and after menopause; encourage providing
12 information to women, patients, and health care providers with
13 respect to menopause, including available screening tools and
14 treatment options, with a goal of improving quality of life and
15 health outcomes of women affected by menopause; and urge additional
16 research on menopause and possible clinical options to helping
17 women with menopause.