

MICHIGAN SENATE

Senate Resolution No. 14

Offered by Senators Johnson, Theis, LaSata, Nesbitt, Polehanki, Bizon, Victory, Barrett, Zorn, Runestad, Bumstead, Daley, Lauwers, MacDonald, McBroom, VanderWall, Chang, Moss, Brinks, Bayer, Geiss, Wojno, McCann, Alexander, Santana, Bullock, Stamas, Horn, Shirkey, Outman and Schmidt

A RESOLUTION TO RECOGNIZE FEBRUARY 2021 AS AMERICAN HEART MONTH
AND FEBRUARY 5, 2021, AS "GO RED FOR WOMEN DAY"

WHEREAS, Cardiovascular diseases are the number one killer of women in the United States; and

WHEREAS, About 80 percent of cardiovascular diseases may be prevented; and

WHEREAS, Some risk factors including blood pressure, smoking, cholesterol, and the lack of regular physical activity, can all be controlled; and

WHEREAS, The American Heart Association's Go Red for Women[®] movement motivates women to learn about their family history and meet with a health care provider in order to determine their risk for cardiovascular diseases and stroke; and

WHEREAS, "Go Red for Women Day" encourages women to take control of their heart health by understanding five life-changing numbers:

1. Total Cholesterol;
2. HDL (good) Cholesterol;
3. Blood Pressure;
4. Blood Sugar;
5. Body Mass Index (BMI); and

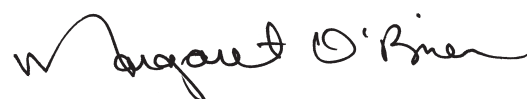
WHEREAS, The American Heart Association celebrates February 2021 as American Heart Month by promoting cardiovascular education, awareness, and by encouraging citizens to learn the warning signs of a heart attack and stroke; now, therefore, be it

RESOLVED BY THE SENATE, That we recognize February 2021 as American Heart Month and February 5, 2021, as "Go Red for Women Day"; and be it further

RESOLVED, That we also recognize the importance of the ongoing fight against cardiovascular diseases and stroke by applauding the citizens across the country who wore red on February 5, 2021 to show their support for women's health; and be it further

RESOLVED, That by increasing awareness, speaking out about heart disease, and empowering women to reduce their risk for cardiovascular diseases and stroke, we can save thousands of lives each year.

Adopted by the Senate, February 18, 2021.



Secretary of the Senate