

Senators Schuitmaker, Emmons, O'Brien and Warren offered the following resolution:

**Senate Resolution No. 9.**

A resolution proclaiming February 2017, as American Heart Month and February 3, 2017, as Wear Red Day in the state of Michigan.

Whereas, Cardiovascular diseases kill one in three women in the United States, yet 80 percent of cardiovascular diseases may be prevented; and

Whereas, Cardiovascular diseases and stroke kill one woman every 80 seconds in the United States; and

Whereas, An estimated 44 million women in the United States are affected by cardiovascular diseases; and

Whereas, 90 percent of women have one or more risk factors for developing heart disease or stroke; and

Whereas, Women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than they are if someone else were having a heart attack; and

Whereas, Only 36 percent of African-American women and 34 percent of Hispanic women know that heart disease is their greatest health risk, compared with 65 percent of Caucasian women; and

Whereas, The American Heart Association's Go Red For Women<sup>®</sup> movement motivates women to learn their family history and to meet with a healthcare provider to determine their risk for cardiovascular diseases and stroke; and

Whereas, Women involved with the Go Red For Women movement live healthier lives; and

Whereas, Go Red For Women encourages women to take control of their heart health by knowing and managing these five numbers:

1. Total Cholesterol
2. HDL (good) Cholesterol
3. Blood Pressure
4. Blood Sugar
5. Body Mass Index (BMI); now, therefore, be it

Resolved by the Senate, That we hereby proclaim February 2017, as American Heart Month and February 3, 2017, as Wear Red Day; and be it further

Resolved, That we urge all citizens to show their support for women and the fight against heart disease by commemorating this day by wearing the color red. By increasing awareness, speaking up about heart disease, and empowering women to reduce their risk for cardiovascular disease, we can save thousands of lives each year.