

Rep. Byrum offered the following resolution:

House Resolution No. 26.

A resolution to declare February 2011 as Childhood Health, Wellness, and Fitness Awareness Month in the state of Michigan.

Whereas, Obesity refers to the excess percentage of body weight due to fat that puts people at risk for many health problems; and

Whereas, Childhood obesity has tripled in the past 30 years among children aged 6-11 years; and

Whereas, For the third straight year, childhood obesity is rated the biggest health problem for kids by adults in the United States; and

Whereas, Overweight or obese children and adolescents are at risk for many health problems including asthma, sleep apnea, skin infections, and joint pain; and

Whereas, Bringing awareness to the importance of healthy lifestyle habits can lower the risk of becoming obese; and

Whereas, The Center for Disease Control (CDC) states that children and adolescents should do 60 minutes of physical activity daily, in addition to following a nutritional diet; and

Whereas, A coalition of organizations, throughout Michigan, have worked diligently to raise public awareness about childhood obesity, including its causes and how best to prevent obesity in Michigan; now, therefore, be it

Resolved by the House of Representatives, That the members of this legislative body declare February 2011 as Childhood Health, Wellness, and Fitness Awareness Month in the state of Michigan.