



State of Michigan,) ss

County of Kent and County of Ottawa)

Nancy Block being duly sworn, deposes that he/she is principal clerk of MLive Media Group; that Grand Rapids Press is a public newspaper published in the city of Grand Rapids, with general circulation in Kent and Ottawa county, and this notice is an accurate and true copy of this notice as printed in said newspaper, was printed and published in the regular edition and issue of said newspaper on the following date(s):

Grand Rapids Press 09/03/2024

Nancy Block

Principal Clerk of the Publisher

Sworn to and subscribed before me this 3rd day of September 2024

Teasha R Payne

Notary Public

TEASHA R. PAYNE
NOTARY PUBLIC, STATE OF MI
COUNTY OF MECOSTA
COMMISSION EXP FEB 24 2026
ACTING IN COUNTY OF Kent

**Department of Licensing and
Regulatory Affairs Public Service Commission
Administrative Rules for Electrical Supply and
Communication Lines and Associated Equipment Rule
Set 2023-51 LR**

**NOTICE OF PUBLIC HEARING
Wednesday, September 18, 2024
01:00 PM**

**Lake Michigan Hearing Room
7109 West Saginaw Highway, Lansing, MI 48917**

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Michigan Public Service Commission, Executive Secretary
P.O. Box 30221, Lansing, MI 48909
LARA-MPSC-Edockets@michigan.gov

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Anyone needing assistance to take part in the hearing due to disability may call (517) 284-8090 to make arrangements.

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The Mining Journal

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AFFIDAVIT OF PUBLICATION

STATE OF MICHIGAN

AFFIDAVIT OF PUBLICATION

For the County of: **MARQUETTE**

In the matter of: Notice of Public Hearing
Department of Licensing and Regulatory Affairs
Public Service Commission
Administrative Rules for Electrical Supply and Communication Lines
and Associated Equipment Rule Set 2023-51 LR
September 18, 2024

Size: 3 x 6

State of **MICHIGAN**, County of Marquette ss.

ANN TROUTMAN

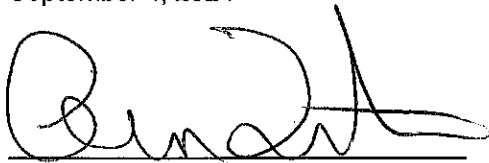
being duly sworn, says that she is

PUBLISHER

of **THE MINING JOURNAL**

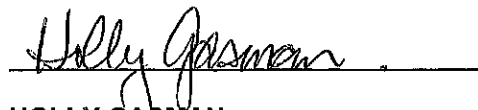
a newspaper published and circulated in
said county and otherwise qualified
according to Supreme Court Rule; that
annexed hereto is a printed copy of a
notice which was published in said
newspaper on the following date, or
dates, to-wit

September 4, 2024



ANN TROUTMAN

Subscribed and sworn to before me this 4th day of September, 2024.



HOLLY GASMAN

Notary Public for **MARQUETTE** County, Michigan
Acting in the County of Marquette
My commission expires: May 25, 2025

Good Advice

Dear Annie

Repairing relationships so I can see my grandkids

Dear Annie: I'm hurt and angry. My son and daughter-in-law will not let me see my grandchildren. It has been five years since I last saw them. This all started after I had a fight with my daughter-in-law when my son lost his job. She demanded that I help him financially, but my finances were such that I could not afford to do so. At that time, she said some very mean things about my son. I got angry and stuck up for my son. Well, that did not go over well. They both asked me to leave their home, which they shared with my daughter-in-law's parents. Now my son says that I ruined his life when I divorced his father over



ANNIE LANE

10 years ago. I have only seen my grandchildren two times in the past five years -- at my daughter's wedding and my mom's funeral. I'm getting older, 69, and miss seeing my grandchildren grow up. -- Tired and Hurt

Dear Tired and Hurt:

Hurt people hurt people, and your son is hurting. Your daughter-in-law was afraid and hurting when her husband lost his job. There is a lot of fear and hurt going on. Instead of talking about those feelings, people are just saying mean and hurtful things to each other. It really gets you nowhere. Try to keep the dialog open with your son and daughter-in-law about how you feel. Make "I" statements instead of "you" statements.

For instance, it is OK to say, "I feel tired and hurt, and I have a lot of love to give to both of you and the children." It is not OK to say, "You did this wrong" or "You were mean when talking about my son." Good luck.

Dear Annie: I saw your response to "Stuck on

Snapchat's" question, and as a rising senior who hasn't used social media since sophomore year, it does get easier and less stressful. My go-to response when people ask why I don't use social media is simply, "It was horrible for my mental health and always seemed to make life harder for me," and most people take that as a reasonable answer. I won't go into the full details, but social media, ESPECIALLY Snapchat, got me into some trouble when I was younger, and I really don't think it's as great of a platform as it's hyped up to be.

Besides, anyone who pressures you for not having Snapchat probably doesn't have the greatest intentions. Stay safe and off Snapchat; you'll find

your people. High school can be difficult, but as someone who's almost done, here's some advice:

No. 1: Don't let people peer pressure you into ANYTHING; stand your ground firmly on what you believe in. If you don't, it can lead you down a road you don't want to go down.

No. 2: You don't have to be friends with everyone. It's all right to dislike people.

No. 3: Don't put popularity above academics.

No. 4: Don't dismiss red flags in ANY relationship, whether it be a friend or a partner. Don't ever ignore red flags because you love someone. If that person doesn't appreciate you for you, it's easier to cut things off earlier rather than later.

No. 5: And last but not least, don't stress too much.

No matter how hard things get, there's one quote I live by: "It'll all be OK in the end; if it's not OK, then it's not the end."

Good luck in high school; I believe in you! --Advice From A High School Senior

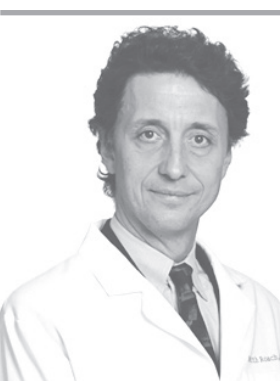
Dear High School Senior: You are wise beyond your years. Thank you for your letter. I hope it helps others in similar situations.

EDITOR'S NOTE: "Ask Me Anything: A Year of Advice From Dear Annie" is out now! Annie Lane's debut book - featuring favorite columns on love, friendship, family and etiquette - is available as a paperback and e-book. Visit <http://www.creatorspublishing.com> for more information. Send your questions for Annie Lane to dearannie@creators.com.

To Your Good Health

Asymptomatic patient with lymphocytosis unlikely to die soon

DEAR DR. ROACH: I'm 71 years old. In 2021, lymphocytosis was found during my pre-op workup for breast cancer. I had a successful lumpectomy and radiation, and I am on a five-year course of anastrozole. After reviewing my prior complete blood counts, lymphocytosis was found leading back to 2018. It was thought to be due to an infection, so no other tests were done at the time. I have now had a flow cytometry done, with findings of the IGHV mutation. I received a "favorable prognosis." But there was no definitive diagnosis of chronic lymphocytic leukemia (CLL) by my oncologist. As he states, I have "not converted" and have no symptoms of fatigue, an enlarged spleen, or enlarged lymph nodes. I find myself waiting for the other shoe to drop, and I'm having a difficult time enjoying the breast cancer survival I am so grateful for. Any information you can provide about whether CLL is inevitable in patients with lymphocytosis is very much appreciated. Also, please comment on the expected quality/length of life if CLL is diagnosed, including the need for chemotherapy. -- E.B.



DR. KEITH ROACH, MD

count exceeds 4,000, it's considered "lymphocytosis."

There are two major classes of lymphocytes: B cells and T cells. While it is true that a high lymphocyte count can be due to infections, it sounds like yours wasn't recognized as persistent. With lymphocytosis having been present for five years, there is a concern for a primary bone marrow disease, the most common of which is CLL. With CLL, there is a count of 5,000 or more B cells by definition. Since you have lymphocytosis, but not CLL, you must have at least 4,000 lymphocytes but less than 5,000 B cells.

The word "leukemia" literally means too many white cells in the blood, but leukemias are a large and diverse group of blood cancers. It's a scary word, but CLL is highly variable. Fifty percent of people with CLL will live more than 10 years from the time of diagnosis, and some will live 30 or more years before dying, often of something unrelated to leukemia.

The prognosis for CLL

depends on many factors. Most CLL found now is due to routine blood testing that reveal high white blood cell counts. When a person has no symptoms and, like you, no enlarged spleen or lymph nodes, they are in a favorable prognosis group. If a person does have symptoms, it isn't as good of a prognosis. Leukemia cells "crowd out" the other healthy cells in the bone marrow, leading to anemia and thrombocytopenia, which are also less-favorable prognoses.

People who have gene mutations in the IGHV region receive a surprisingly improved prognosis compared to people who do not have mutations. These genetic mutations are always looked for, since they affect the choice of chemotherapy, if needed.

For you, you have had lymphocytosis for at least five years and have not progressed to CLL. You have no risk factors due to symptoms, and you haven't told me about low platelets or red blood cells. Even if you were diagnosed with CLL today, you would be more than 90% likely to have at least a 10-year lifespan. You seem to be in the 30% or so of people with CLL who have a benign course for 10-20 years. Drive carefully, eat well, and get all your vaccines, since you are not likely to die from CLL.

EDITOR'S NOTE: Readers may email questions to ToYourGoodHealth@med.cornell.edu or request an order form of available health newsletters or mail questions to P.O. Box 536475, Orlando, FL 32853-6475.

PUBLIC NOTICE

Date: **September 4, 2024**
 Permit No.: MIG080000
 Permit Category: NPDES General Permit – Groundwater Cleanup Wastewater

The Department of Environment, Great Lakes, and Energy (EGLE), Water Resources Division (WRD), proposes to reissue a general permit for discharges of groundwater cleanup wastewater. The applicability of this permit shall be limited to wastewater discharges that are of this type and that meet the criteria established in this permit. This permit is expected to apply to multiple discharges of this type throughout the state of Michigan. Discharges that may cause or contribute to a violation of water quality standards are not authorized by this permit.

In order to constitute a valid authorization to discharge at a specific facility, this permit must be complemented by a Certificate of Coverage (COC) issued by EGLE.

The draft permit includes the following modifications to the previously issued permit: Permit language has been revised to incorporate updated references and terminology. The following new conditions have been added to the draft permit: Continuous Monitoring and Total Maximum Daily Load. Influent and intermediate stage monitoring and reporting, and final effluent monitoring and limits for Tetrachloroethylene have been added under Part I.A.13. Influent and intermediate stage monitoring and reporting, and final effluent monitoring and limits for Trichloroethylene and its degradation products 1,1-Dichloroethene, Trans-1,2-Dichloroethene, Cis-1,2-Dichloroethene, and Vinyl Chloride have been added under Part I.A.14. Influent and intermediate stage monitoring and reporting, and final effluent monitoring and limits for 1,1,1-Trichloroethane and its degradation product 1,1-Dichloroethane have been added under Part I.A.15. Influent and intermediate stage monitoring and reporting, and final effluent monitoring and limits for Perfluorooctanoic Acid (PFOA) and Perfluorooctane Sulfonate (PFOS), Perfluorobutanesulfonic Acid (PFBS), Perfluorononanoic Acid (PFNA), and Perfluorohexanesulphonic Acid (PFHxS) have been added under Part I.A.16. The final effluent limitations and monitoring for Total Phosphorus in Part I.A.10. have been updated. Tank Rotation and/or Media Replacement reporting has been added under Part I.A.1. and Air Stripper Cleaning reporting has been added under Part I.A.2.

Since the last reissuance several sections of the permit have been restructured to provide clarification within the general permit: Influent and intermediate stage monitoring and reporting, and final effluent monitoring and limits for BETX have been moved from Part I.A.1., Part I.A.2, Part I.A.3., and Part I.A.4., to Part I.A.5; final effluent monitoring and limitations for Polynuclear Aromatic Hydrocarbons (PAHs) have been moved from Part I.A.2., Part I.A.3., and Part I.A.4., to Part I.A.6; final effluent monitoring and limitations for Total Lead have been moved from Part I.A.1., Part I.A.2., Part I.A.3., and Part I.A.4. to Part I.A.12.

Copies of the Public Notice, Fact Sheet, Basis for Decision Memo, and draft permit may be obtained via the Internet at <https://MiEnviro.Michigan.gov/ncore/> (select 'Public Notice Search,' enter the permit number into the search field, and then click 'Search'), or at a WRD District Office, locations and contact information for which is available at <https://www.Michigan.gov/-/Media/Project/Websites/EGLE/Documents/Programs/WRD/About-Us/District-Offices.pdf>.

Persons wishing to submit comments on the draft permit should do so through MiEnviro Portal. Go to <https://MiEnviro.Michigan.gov/ncore/>, select 'Public Notice Search,' search for this public notice by entering the permit number into the search field, click 'Search,' click 'View,' click 'Add Comment,' enter information into the fields, and then click 'Submit.' Comments or objections to the draft permit received by **October 3, 2024**, will be considered in the final decision to issue the permit, as will comments made at a public hearing should one be requested and held by the Department on the draft permit.

Any person may request the Department to hold a public hearing on the draft permit. The request should include specific reasons for the request, indicating which portions of the draft permit constitute the need for a hearing. If submitted comments indicate significant public interest in the draft permit or if useful information may be produced, the Department may, at its discretion, hold a public hearing on the draft permit. If a public hearing is scheduled, public notice of the hearing will be provided at least 30 days in advance. Inquiries should be directed to Hannah Schroeder-Larkins, Permits Section, WRD, EGLE, P.O. Box 30458, Lansing, Michigan 48909-7958; telephone: 517-245-2090; or email: SchroederLarkinsH@Michigan.gov.

Department of Licensing and Regulatory Affairs Public Service Commission

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MICHIGAN GROUP

AFFIDAVIT OF PUBLICATION

2125 Butterfield Dr, Suite 102N • Troy MI 48084

MICHIGAN PUBLIC SERVICE COMM.
7109 West Saginaw Hwy

LANSING, MI 48917
Attention: LISA FELICE

STATE OF MICHIGAN,
COUNTY OF OAKLAND

The undersigned Cyndy Slater Ames Slater, being duly sworn the he/she is the principal clerk of Oakland Press, theoaklandpress.com, theoaklandpress.com2, published in the English language for the dissemination of local or transmitted news and intelligence of a general character, which are duly qualified newspapers, and the annexed hereto is a copy of certain order, notice, publication or advertisement of:

MICHIGAN PUBLIC SERVICE COMM.

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VICKI ARSENAULT
NOTARY PUBLIC - STATE OF MICHIGAN
COUNTY OF OAKLAND
My Commission Expires May 11, 2026
Acting in the County of _____

Sworn to the subscribed before me this 4 Sept, 2024

Vicki Arsenault

Notary Public, State of Michigan
Acting in Oakland County

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