

SENATE RESOLUTION NO. 106

Senator Johnson offered the following resolution:

1 A resolution to recognize February 2022 as American Heart
2 Month and February 4, 2022, as "Go Red for Women Day".

3 Whereas, Cardiovascular disease affects men, women, and
4 children of every age and race in the United States (U.S.); and

5 Whereas, From 2019-2020, deaths from heart disease increased
6 by 4.8 percent, the largest increase in heart disease deaths since
7 2012, while stroke deaths increased by 6 percent. Cardiovascular
8 disease continues to be the leading cause of death in the U.S.; and

9 Whereas, In 2015, cardiovascular disease accounted for \$555
10 billion in health care expenditures and lost productivity, and by
11 2035, cardiovascular disease will account for over \$1 trillion in
12 health care expenditures and lost productivity annually; and

1 Whereas, The global COVID-19 disease pandemic poses
2 significantly high risk to individuals with cardiovascular disease
3 and risk factors; and

4 Whereas, Individuals in the U.S. have made great progress in
5 reducing the death rate for cardiovascular disease, but this
6 progress has been more modest with respect to the death rate for
7 cardiovascular disease in women and minorities; and

8 Whereas, Cardiovascular diseases are the number one killer of
9 women in the U.S., killing more women than all forms of cancer
10 combined. Cardiovascular disease is also the leading cause of
11 maternal death in the U.S., or more simply put, heart disease is
12 the number one killer of new moms; and

13 Whereas, Women, especially Black and Hispanic women, are
14 disproportionally impacted by heart disease and stroke, and
15 research shows heart attacks are on the rise in younger women. Yet,
16 younger generations of women, also known as Gen Z and Millennials,
17 are less aware of their greatest health threat, including knowing
18 the warning signs of heart attacks and strokes; and

19 Whereas, Ninety percent of women have one or more risk factors
20 for developing heart disease or stroke; and

21 Whereas, Women are less likely to call 911 for themselves when
22 experiencing symptoms of a heart attack than if someone else were
23 having a heart attack; and

24 Whereas, The American Heart Association's Go Red for Women®
25 movement motivates women to learn their family history and to meet
26 with a health care provider to determine their risk for
27 cardiovascular disease and stroke; and

28 Whereas, Women involved with the Go Red for Women® movement
29 live healthier lives; and

1 Whereas, "Go Red for Women Day" encourages women to take
2 control of their heart health by understanding and managing these
3 five numbers:

- 4 1. Total Cholesterol;
- 5 2. HDL (good) Cholesterol;
- 6 3. Blood Pressure;
- 7 4. Blood Sugar;
- 8 5. Body Mass Index (BMI); and

9 Whereas, The American Heart Association celebrates February
10 2022 as American Heart Month by promoting cardiovascular education,
11 awareness, and by encouraging citizens to learn the warning signs
12 of a heart attack and stroke; now, therefore, be it

13 Resolved by the Senate, That we recognize February 2022 as
14 American Heart Month and February 4, 2022, as "Go Red for Women
15 Day"; and be it further

16 Resolved, That we also recognize the importance of the ongoing
17 fight against cardiovascular disease by applauding the citizens
18 across the country who wear red on February 4, 2022 to show their
19 support for women's health; and be it further

20 Resolved, That by increasing awareness, speaking out about
21 heart disease, and empowering women to reduce their risk for
22 cardiovascular disease and stroke, we can save thousands of lives
23 each year.